

**BD Diabetes Center for Children & Adolescents
Pediatric Endocrine Center**



October 27, 2006

To Whom It May Concern:

Re:

Date of Birth:

is a child with **Autoimmune Polyglandular Syndrome (APS type I)** a rare condition that involves multiple autoimmune endocrinopathies. In her particular case, she has **Hypoparathyroidism** and **Adrenal Insufficiency**. She is maintained on the following medications:

Cortef 5 mg tab:	1 tab po tid
Florinef 0.1 mg tab:	1 tab po qd
Rocaltrol 0.5 mcg	1 tab po qd
Calcium carbonate	1000mg po BID

In times of illness, she needs special attention and care. For infections with fever 101-102 degrees, her Cortef dose needs to be doubled. For fever 102 degrees or higher, her Cortef dose needs to tripled.

If at any time, she is unable to tolerate oral administration of her medications because of vomiting, please contact our office 973-971-4340 emergency line and be prepared to administer Solu-Cortef 50mg Intramuscular injection. If she is unable to tolerate oral fluid hydration, she should be brought immediately to the Emergency room for IV fluid hydration.

In case of severe illness, unconsciousness or trauma, Solu-Cortef 50mg intramuscular injection should be given immediately and patient be evaluated promptly by a Pediatric Endocrinologist. Call our Emergency line and asked to be connected to the doctor on call immediately for further instructions.

Prior to any surgery, our office should be informed for management of stress steroid coverage. Should you have any questions/concerns, please call our office at 973-971-4340.

Sincerely,

IMPORTANT!! PLEASE BRING THIS LETTER WITH YOU TO THE HOSPITAL!

- Goryeb Children's Hospital, 100 Madison Avenue, Morristown, New Jersey 07962
- Overlook Hospital, 7D Subspecialty Suite, 99 Beauvoir Avenue, Summit, New Jersey 07902
- Mountainside Hospital, Cedar Grove, Pediatric Specialty Office, 870 Pompton Avenue, Cedar Grove, NJ 07009

THE PASSION TO LEAD